

Homecoming 5K Run/Walk Residence Hall Challenge



**October 10th
8:00 am**

- Free food & drinks!
- Attendance prizes!
- Custom-designed long-sleeve t-shirt!
- Contact your RA for more information.

This year the Health and Exercise Science Department is sponsoring the third annual

Residence Hall Challenge!

The Residence Hall floor with the highest percentage of participants will be awarded a traveling trophy, engraved with the year and your Residence Hall floor name. Additionally, the residents of that floor will be treated to a **pizza party** later in the semester.

Grab your friends, get registered, get some exercise, have fun, and support the **Rams!**

Groups of 20 or more get 10% off their registration fee! To assure proper registration, please register in person in Room 220, Moby B-Complex.

Register today!

For more information or to register, call the Dept. of Health and Exercise Science office at 970-491-5081, Email : hesinfo@cahs.colostate.edu, fax: (970) 491-0445, or visit our website at: <http://hes.cahs.colostate.edu/homecoming>

The run is held on the CSU campus on an entirely flat course. Early pre-registration before 4 pm Oct. 2: \$20 Late registration by 4 pm on Oct. 9: \$25 Race day registration (in person only): \$30